



10-12 years Track and Field Competition Procedures

Updated 3/04/2020



QUEENSLAND GOVERNMENT

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This document **must** be read in conjunction with the
QSSMG Competition Procedures.

1 Queensland School Sport Internal Structures

1.1 Sport Specific Committees and Advisory Groups

The Queensland School Sport (QSS) 10-12 years Track and Field sports specific committee follows:

- Queensland School Sport Management Group (QSSMG) Competition Procedures
- Queensland School Sport 10-12 years Track and Field Competition Procedures

QSS 10-12 years Track and Field Competition Procedures and QSSMG Competition Procedures must be read in conjunction with one another.

1.2 Registration of New Sports

1.3 Alternative Procedures Enabling Participation at a School Sport Australia Competition

1.4 De-registration of Sports

1.5 Sport Specific Committee Reports

1.6 State Sport Committee Finances

2 Approval of Competitions

3 Competition Programs

3.1 State Championships (Inter-regional Competition)

The championships will be conducted under the IAAF Competition Rules except with some variations as stated below and as required for regional venues.

3.1.1 Nominations

All competitors must be bona-fide pupils of Queensland Schools, which are affiliated with Queensland School Sport.

3.1.1.1 The maximum number of entries allowed per region will be

3.1.1.1.1 Field events – three per event

3.1.1.1.2 Track events:

- 200, 800 and 1500m track events – three per event
- 100m track events – four per event
- All relays – one team per event

3.1.1.1.3 Combined event (tetraathlon) – a maximum of two athletes per event.

3.1.1.2 Competitors will only be permitted to compete in individual events that they competed in and/or were selected for, at their regional trials.

- 3.1.1.3 Competitors will be permitted to compete in their own age group only; e.g. a ten year old cannot compete in an eleven year old event.
- 3.1.1.4 Ages are calculated according to year of birth as of the 31 of December in the year of competition.
- 3.1.1.5 In track events it is imperative that regions supply accurate times to allow for appropriate seeding.
- 3.1.1.6 Competitors in the QSS 10-12 Track and Field Championship may nominate for a maximum of five individual events. If an athlete competes in the Combined event (tetrathlon) (100m, long jump, shot put and 800m), they can only compete in one other individual event. This does not include team relays.

3.1.2 Nominations – Procedure

A computer nominations package and detailed instructions will be forwarded to the Regional School Sports Officer (RSSO). Nominations are to be returned to the designated officer. Late nominations will not be accepted.

- 3.1.2.1 Entry file will need to identify individual regions:

• Capricornia: CAP	• North West: NWR
• Darling Downs: DDR	• Peninsula: PEN
• Met East: MER	• South Coast: SCR
• Met North: MNR	• South West: SWR
• Met West: MWR	• Sunshine Coast: SUN
• Northern: NOR	• Wide Bay: WBR

3.1.3 Combined event (tetrathlon) competition

3.1.3.1 Events

- Day 1 — 100m and Long jump
- Day 2 — Shot put and 800m
- Track events will be conducted as heats only
- Field events will consist of three attempts only.

3.2 State Championship Competition Rules

- 3.2.1 During competition, regional team officials will be permitted to assist athletes provided they are outside the competition arena, the competitor does not leave the competition area and it does not disrupt the conduct of the event.
- 3.2.2 Regional team officials are not permitted within the competition arena, except when:
 - a) required by the championship director
 - b) required to accompany an athlete in a multi class event. This person will be identified by the wearing of a sports bib, supplied by the organising committee.
- 3.2.3 Call Room
 - 3.2.3.1 A call room will be used during this championship. All athletes must report to the call room prior to entering the field of competition.

- 3.2.3.2 The call room is for athletes only. Once the athlete enters the call room he/she has entered the competition phase of the event and it is inappropriate for coaching or other assistance to be given at this point by coaches, managers or parents. To this end parents, coaches and managers are not permitted in the call room.
- 3.2.3.3 If important equipment (e.g. spikes) is to be passed on to an athlete who has entered the call room this can be negotiated between the call room officials and the team manager.
- 3.2.3.4 Call room times (including athletes in a multi class event):
- All track events – 15 minutes prior to the first heat
 - All field events – 30 minutes prior to the event start time
- 3.2.3.5 It is the responsibility of each region to identify any event clashes of their athletes and to inform the Call Room officials of these. The Call Room officials will notify event officials.
- 3.2.3.5.1 In the event of a competitor competing in a track event and a field event at the same time, the athlete will inform the officials at the field event and go to the track event. At the completion of the track event they shall return immediately to the field event.

3.2.4 Multi Class Events

- 3.2.4.1 The following track events will be offered to athletes in a multi class event in the age groups 10, 11 and 12 years:
- 100m
 - 200m
 - 800m
- Competitors will compete in timed finals.
- 3.2.4.2 The following field events will be offered to athletes in a multi class event in the age groups 10, 11 and 12 years:
- long jump
 - shot put
 - discus
- Competitors will receive three attempts only.
- 3.2.4.3 Events are conducted following WPA and International Deaf Sports guidelines.
- 3.2.4.3.1 All athletes in a multi class event compete in timed/open finals. Their time/distance for the event is then compared with the Multi Disability Standard (MDS) for their disability classification and a percentage calculated.
- 3.2.4.3.2 The medal positions are therefore calculated on the percentages not the times, race finishing position or the greatest distance. The athlete with the higher percentage wins the gold medal, the second highest percentage the silver, third highest the bronze.

3.2.5 Field events

- 3.2.5.1 Competitors in shot put, discus and long jump events will each receive three qualifying attempts. The leading eight competitors will each receive a further three attempts.
- 3.2.5.2 In the event of a tie after the appropriate countback rules have been applied, no jump/throw off will be conducted to separate medal places. Note that a jump/throw off may be required for equal thirds to help with selection to the State team.
- 3.2.5.3 Pre-competition preparation is available at the warm-up area. This must be supervised by the regional team officials (not parents or private coaches), especially discus and shot put. Throwing of implements must cease if deemed unsafe by regional officials.
- 3.2.5.4 Team officials are requested to inform the call room of any competitor at a track event. Specific instructions shall be provided by the championship director at the pre-carnival meeting.
- 3.2.5.4.1 In field events, where an athlete is also in a track event, every effort will be made to enable them to have their full entitlement of attempts. However, if an athlete has not returned before the fourth round commences, or once the final attempt of the sixth round is completed (if they have progressed through to the final), it will be considered that the athlete has abandoned the event and will be ineligible for the remainder of their trials.
- 3.2.5.5 Note: The championship director reserves the right to stop any field events at any time if the event is seriously interrupting the program. The event will then be concluded when possible.

3.2.6 Jumps

The use of spiked running shoes will only be permitted in long jump and high jump. The length of spikes allowed will be 7mm.

3.2.6.1 High jump

3.2.6.1.1 The following starting heights will apply:

	Boys	Girls
10 years	1.20 metres	1.10 metres
11 years	1.30 metres	1.20 metres
12 years	1.38 metres	1.30 metres
Note:	The use of powder as a marker is not permitted.	

3.2.6.1.2 First rise is 8cm, second rise is 5cm, third is 3cm.

3.2.6.1.3 Regional managers are expected to be aware of the mat dimensions and the first three rise heights before selecting athletes for high jump. Competitors using the Fosbury Flop technique are required to complete an appropriate consent form for their region. Regions are to submit an Activity Consent Summary Form indicating which competitors are verified to use the Fosbury Flop technique.

3.2.7 Throws

3.2.7.1 No personal implements will be allowed for these championships.

3.2.7.2 Shoes must be worn by all competitors in shot put and discus.

3.2.7.3 Shot put

The following shot put weights will apply:

- 10 years – 2 kg
- 11 years – 2 kg
- 12 years – 3 kg

3.2.7.4 Discus

The following discus weights will apply:

- 10 years – 500g
- 11 years – 750g
- 12 years – 750g

Discus type – rubber only.

Competitors in discus are required to complete an appropriate consent form for their region. Regions are to submit an Activity Consent Summary Form indicating which competitors have clearance to compete in Discus.

3.2.7.5 Implement weights – multi class events

Athletes in a multi class event will throw the shot put or discus weight applicable for their classification and age group as per the table below.

Please note: where boys and girls in a classification group throw different weights, the weight for the girls' implement is indicated in brackets.

Classification	10 years		11 years		12 years	
	Shot Put	Discus	Shot Put	Discus	Shot Put	Discus
F01	2 kg	500 g	2 kg	750 g	3 kg	750 g
F11-13	2 kg	500 g	2 kg	750 g	3 kg	750 g
F20	2 kg	500 g	2 kg	750 g	3 kg	750 g
F60	2 kg	500 g	2 kg	750 g	3 kg	750 g
F32	1 kg	500 g	1 kg	500 g	2 kg	500 g
F33	1 kg	500 g	1 kg	500 g	2 kg (1 kg)	500 g
F34	2 kg	500 g	2 kg	500 g	2 kg	500 g
F35	2 kg	500 g	2 kg	500 g	2 kg	500 g
F36	2 kg	500 g	2 kg	500 g	2 kg	500 g
F37	2 kg	500 g	2 kg	500 g	2 kg	500 g
F38	2 kg	500 g	2 kg	500 g	2 kg	500 g
F40/41	1.5 kg	500 g	1.5 kg	500 g	2 kg	750 g (500 g)
F42	2 kg	500 g	2 kg	750 g	3 kg	750 g
F43/44	2 kg	500 g	2 kg	750 g	3 kg	750 g
F45	2 kg	500 g	2 kg	750 g	3 kg	750 g
F46	2 kg	500 g	2 kg	750 g	3 kg	750 g

Classification	10 years		11 years		12 years	
	Shot Put	Discus	Shot Put	Discus	Shot Put	Discus
F51	No Event	350 g	No Event	500 g	No Event	500 g
F52	1.5 kg	350 g	1.5 kg	500 g	2 kg	500 g
F53	1.5 kg	350 g	1.5 kg	500 g	2 kg	500 g
F54	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g
F55	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g
F56	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g
F57	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g

3.2.8 Track events

3.2.8.1 Starts – starting blocks are optional and athletes are allowed to perform a standing start for sprints (100m and 200m) and for relays. Standing starts are used for 800m and 1500m events.

3.2.8.2 Starting blocks – regulation starting blocks will be supplied. No individual blocks may be used.

3.2.8.3 False starts – the second false start per athlete may result in disqualification.

3.2.8.4 Running spikes – the use of spiked running shoes will be permitted in all track events. Spikes may not exceed a length 7mm. The type of spikes allowed will depend on the surface and venue used.

3.2.8.5 Although spiked running shoes are allowed, they must only be worn just prior to and during the event. Immediately the event is finished, competitors must remain in their lane, remove their running shoes and await further instructions from the chief judge or track referee.

3.2.8.6 Progression to finals

Event	Lanes	Number of Regional Nominations	Max Number of Competitors	Number of Heats Possible	Progression to Semi	Progression to Final
100m	8	4	48	6	1 st , 2 nd & next 4 fastest	1 st , 2 nd , 3 rd & next 2 fastest
200m	8	3	36	4	No semi	1 st and next 4 fastest
				5	No semi	1 st and next 3 fastest
800m	8	3	36	2 (0-32)	No semi	1 st , 2 nd , 3 rd & next 2 fastest
				3 (33-36)	No semi	1 st & 2 nd next 2 fastest
1500m	NA	3	36	2	Timed Final	
Relays	8	1	48 (12 x teams of 4)	2	Timed Final	

- 3.2.8.7 For all sprints, and relay events, competitors, after completing their race, must remain in their lane until told to move by the track referee.
- 3.2.8.8 The 800m competitors will start with up to two athletes in each lane. The cross over will be after the green line at the start of the back straight.
- 3.2.8.9 The 1500m competitors will start in a group and not in lanes. The race may be split into two groups for a large field.
- 3.2.8.10 In the 800m and 1500m events, competitors must remain in the order placed by the track referee or chief judge. Once instructed they must leave the field of play, unless they are placegetters or are participating in another event.
- 3.2.8.11 Placegetters in all finals will be directed to the victory dais after the event for presentation of their medallions. Regional managers should advise officials if the athlete is required back at another event.
- 3.2.8.12 Relays will be conducted for girls and boys in three age groups.
Relays for athletes in a multi class event will be conducted as a girls 10-12 years event and a boys 10-12 years event.
- 10-12 years girls multi class event
 - 10-12 years boys multi class event
 - 10 years
 - 11 years
 - 12 years
- 3.2.8.13 Smaller regions may approach larger regions with a view to entering composite relay teams. In such cases, medallions would be awarded to placegetters but points would not be allocated. A maximum of six names may be listed on the nomination form per relay event. Any four of the six names listed will be permitted to run.
For multi class relay events, regions will be required to submit the name and classification of all competitors on the Multi Class Relay Nomination Form — Appendix 4. Forms are to be received prior to the conclusion of Day One of competition. Where regions are entering a composite relay team, the region of each athlete and classification must be listed. Percentages and places will be decided by a tally of the MDS of all four runners divided by the combined team time.
- 3.2.8.14 Regional team officials are asked to ensure that relay runners know their positions (i.e. runner 1, 2, 3 or 4).

3.3 School Based Competitions

3.4 Sponsorship

4 Access to State Championships

4.1 Eligibility

- 4.1.1 Classification for athletes in a multi class event
- 4.1.1.1 To compete at QSS events athletes in a multi class event must be of eligible classification on the appropriate master list (APC, Athletics Australia, Ausrapid).

- 4.1.1.2 Competitors require an official provisional/temporary or national level classification from Australian Paralympic Committee, Sporting Wheelies, Life Stream Foundation/AUSRAPID or Deaf Sports and Recreation Queensland/Deaf Sports Australia.

The classes used are in the Australian athletics classification system. The classes are:

- T/F 01 Athletes with a hearing impairment
- T/F 11-13 Athletes with a vision impairment
- T/F 20 Athletes with an intellectual impairment
- T/F 31-38 Athlete with a physical impairment (Cerebral Palsy /Acquired Brain Injury or similar)
- T/F 40-46 Athletes with a physical impairment (Amputees/ limb deficiency/Short Stature or similar)
- T 51-54 Athletes with a physical impairment (Spinal/ Amputees who use a wheelchair for racing)
- F 51-58 Athletes with a physical impairment (Spinal/ Amputees who throw from a seated position)
- T/F 60 Athletes who have received a transplant

- 4.1.1.3 Details regarding the classification process can be found on the Queensland School Sport website.

- 4.1.1.4 Athletes with more than one impairment type may be eligible for multiple classifications, should they meet the minimal criteria for each of the eligible classes. In QSS approved competition, athletes may only compete under one classification. The classification must be nominated when entering the relevant event/competition pathway and may not change throughout the course of the event.

- 4.1.1.5 All athletes in multi class events not on one of these master lists will be required to present a copy of their classification card/letter to the multi class events manager at regional events.

- 4.1.1.6 The Classification Check Card – Appendix 3 must be completed by a regional manager and emailed to the multi class event convenor by the due date.

4.1.2 Qualifying times and distances for multi class events

Qualifying standards are set as a percentage of MDS – Appendix 6.

4.1.3 Additional competitors

- 4.1.3.1 Inclusion on medical grounds can only be claimed where the athlete was not able to compete at the regional carnival because of the condition.

- 4.1.3.2 The athlete is representing their region/state in another sport.

- 4.1.3.3 Photo finish “dead heats” may be accepted as grounds for an additional competitor, providing lanes are available.

- 4.1.3.4 The competitor’s past performance must be of sufficient quality to warrant inclusion.

- 4.1.3.5 All requests will be considered by the competition committee and are subject to lane availability and number of competitors in a field event.

- 4.1.3.6 If accepted, an athlete would be expected to honour this invitation.

4.1.4 Substitutions

- 4.1.4.1 All substitutions should be received well in advance of the competition. Essential substitutions will be accepted at the pre-championship meeting. No further substitutions and withdrawals will be accepted for events in the first session of competition after the pre-championship meeting.
- 4.1.4.2 Further substitutions in individual events listed on the official substitution form and signed by a team manager will be allowed provided that they reach the control room no later than one hour prior to the scheduled starting time of the event. See Substitutions and Withdrawal Form – Appendix 5.
- 4.1.4.3 Competitors will only be accepted as substitutes in individual events that they competed in and/or were selected for, at their regional trials.
- 4.1.4.4 Call room officials will only allow the nominated competitor or the official substitution to compete in any event.

4.2 Centres of Athletic Development

4.3 Guidelines for Gender Equity in Sport

5 Conduct of State Championships

5.1 Championship Host

5.2 Participation

5.2.1 Competitors

5.2.1.1 Project Consent (Media Release)

Each athlete must complete a Project Consent Form (PCF) at regional level. A completed PCF summary form must accompany regional nominations.

5.2.1.2 All high jump competitors using the Fosbury Flop technique are required to complete an appropriate consent form for their region. Regions are to submit an Activity Consent Summary Form, listing all competitors who are verified to use the Fosbury Flop technique, to the State championship convenor by the due date.

5.2.1.3 All discus competitors are required to complete an appropriate consent form for their region. Regions are to submit an Activity Consent Summary Form, indicating which competitors have clearance to compete in Discus, to the state Championship convenor by the due date.

5.2.1.4 All competitors must compete in their regional competition uniform.

5.2.1.5 When competitors are required to enter the competition area, they will do so through the Call Room. Co-operation of regional team officials is requested to ensure that every competitor follows the call room times listed and manage changes when required.

5.2.1.6 All competitors are to have their personal water bottles with them at all times.

5.2.2 Forms to be completed for state championships

Please email the following to the Nomination Convenor by the due date:

- regional nominations
- additional competitor requests
- PCF summary form
- Regional Officials — Appendix 1
- Regional Team Information — Appendix 2
- Activity Consent Summary Form - Appendix 8

Please email the following to the Multi Class Event Convenor by the due date:

- Athletes in a multi class event the Classification Card Check – Appendix 3.

5.2.3 Team seating arrangements

Regions will be allocated seating areas within the grandstand on an annual rotation. Specific allocated areas will be published in championship bulletins.

5.2.4 Opening ceremony and march past of competitors will occur on Day One of the championships.

5.2.4.1 Teams will assemble six abreast at directed area and designed time.

5.2.4.2 The order in which teams will assemble will be published in championship bulletins.

5.2.4.3 Each region is to appoint two captains to lead and to carry the team's identification sign during the march past.

5.2.4.4 Regions are encouraged to carry their own banners.

5.2.4.5 After the official opening, teams will march off in reverse order. Team officials to supervise.

5.2.4.6 The captains of each regional team will come forward to greet the VIP declaring the championships open. The VIP will present each of the captains with a QSS10 – 12 years Track and Field badge. The names of the regional captains and the regional geographical description are to be submitted on the Regional Information Form – Appendix 2 at the pre-championship meeting.

5.2.5 Souvenir merchandise

Souvenir merchandise may be available at the state championships and will be confirmed in championship bulletin.

5.3 Finance

5.3.1 Nomination fee

A nomination fee will be confirmed each year and is payable per competitor, irrespective of the number of events in which he/she is competing. Each region will be invoiced for the total number of competitors as indicated on the Regional Information Form – Appendix 2.

5.4 Accommodation Framework

5.5 Event officials

5.6 Complaints Management

5.6.1 Protests

- 5.6.1.1 An athlete or team official may convey an oral protest at the time of the incident to the event official or referee.
- 5.6.1.2 A written protest submitted by a regional team manager must be lodged with the championship director within 15 minutes of the completion of the event concerned. Protests will only be accepted from regional team managers.
- 5.6.1.3 A jury of appeal will consider all available information. Their decision will be final.

5.7 Meetings

- 5.7.1 A Pre-championship Meeting will be held the day prior to the championships.
A maximum of two regional team officials are to attend. This briefing only relates to issues pertinent to the running of the championships.
- 5.7.2 A Day One Meeting will be conducted as soon as possible after conclusion of the last event for the purpose of improving championship procedures.
All regional team officials are invited to attend.

5.8 Health and Safety

5.9 Excursions and Functions

- 5.9.1 Official dinner
The annual dinner of Queensland School Sport 10-12 years Track and Field Committee will be held during the State Championship. Details will be outlined in championship bulletins and regions must return Regional Officials — Appendix 1.

5.10 State Team Selections

The Queensland team will participate in the School Sport Australia 12 Years and Under Track and Field Championships annually (or Pacific School Games when applicable).

5.11 Host Report

5.12 Travel Subsidy

5.13 Requests for Access to Students

5.14 Loss or Damage of Equipment at State Championships

5.15 Photography

The arrangements of team photographs are the responsibility of each region.

5.16 Trophies and Presentations

- 5.16.1 Medals and ribbons
 - 5.16.1.1 Medallions will be awarded to competitors who are placed first, second or third in finals.

- 5.16.1.2 Place getters will be directed to the victory dais after the event for presentation of their medallions. Regional managers should advise officials if the athlete is required at another event.

5.16.2 Trophies

- 5.16.2.1 Points will be awarded to regions as follows:

- 10 – first
- 8 – second
- 6 – third
- 4 – fourth
- 2 – fifth
- 1 – sixth to ninth.

- 5.16.2.2 The following trophies will be presented the region with the highest points:

- “*Champion Region Cup*” – an aggregate points competition will be conducted to decide the winner.
- “*Geoffrey Hornibrook Trophy*” – the boys’ aggregate points trophy.
- “*Joan Applewaite Trophy*” – the girls’ aggregate points trophy.
- “*Des Johnston Shield*” – a percentage trophy, based on affiliation numbers and points scored points. The formula for determining this shield is:

$$\frac{\text{Points} \times 100}{\text{Affiliation Numbers}}$$

5.16.3 Records

- 5.16.3.1 A certificate will be awarded to competitors who break or equal an existing record.

- 5.16.3.2 A list of all records can be found in **Error! Reference source not found.**

5.17 Areas of Responsibility

5.18 Minimum Venue Standards

5.19 Regional Delegates Role

6 Queensland Teams

6.1 State Team Selection Policies

- 6.1.1 Availability – Queensland School Sport 10-12 years Track and Field Team

- 6.1.1.1 To be eligible for an invitation to join the 10-12 years Queensland School Sport Track and Field Team, an athlete must compete at the Queensland School Sport 10-12 years State Track and Field Championships in that year.

- 6.1.2 Athletes invited to join the Queensland team will each receive an information pack.

- 6.1.3 Athletes accepting selection in this team must be present for all days at the Australian championships and participate in all programmed activities as directed by team managers.

6.2 Selection Policy Guidelines

6.2.1 The first three place-getters in each event may be invited to join the Queensland team (after reference to qualifying standards), with the exception of four athletes in the 100m and two in the combined event (tetrathlon).

This invitation will take into account the following criteria:

- Level of performance at the Queensland championships.
- Attendance at a school which is currently affiliated with QSS.
- Attitude and behaviour of competitor (regional team management and school principal may be approached for advice).

6.3 Participation at National Events

6.4 Appointment of Team Officials

6.5 Uniforms

6.6 Travel Policy

6.7 Queensland Team Preparation

6.7.1 The Queensland Team may assemble prior to the National competition for a training camp.

Details will be provided in the team information package. Parents are responsible for travel and accommodation arrangements for the training camp.

6.8 Risk Management

6.9 Guidelines for Interstate Exchanges / Non School Sport Australia Events

6.10 International Tours

6.11 Costs

7 Accommodation Framework

8 Codes of Conduct

8.1 Team Members, Parents and Spectators

8.2 Team Officials

9 Team Officials – Duty of Supervision

10 Procedures for the Investigation and Recording of Misconduct



Appendix 1. Regional Officials

Queensland School Sport



10-12 years Track and Field

Details concerning nominations for the State Championships

Region: _____

Chief Manager: _____

Mobile Phone: _____

Email: _____

Regional Team Managers

	Name	School	Attendance at Official Dinner (Yes/No)	Special Dietary Requirements
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				

Total Number in attendance at official dinner:

Dinner cost is to be confirmed in championship bulletins. Payment will be by invoice only.
Dinner payments will not be accepted on the night.



Appendix 2. Regional Team Information

Regional Team: _____

Team Manager: _____

Email Address: _____

Regional Colours: _____

Number of students in the Region: _____

Number of girls in team: _____

Number of boys in team: _____

TOTAL

(Regions will be invoiced on this number)

The following information will be used during the team march past at the opening ceremony.

Captains' names:

Boy: _____

School: _____

Girl: _____

School: _____

Brief geographical description:

Any other item/s of special interest:

Regional School Sports Officer

Return form to:

Championship Director

Region: _____

Name of Manager completing form: _____

Signed: _____

Date: _____

Note: Please attach a copy of the athlete's classification letter or card if available.

Appendix 4. Multi Class Relay Nomination Form

Queensland School Sport – 10-12 years Track and Field Championships		
MULTI CLASS EVENT RELAY	BOYS / GIRLS	
REGION: _____		
Name: _____	Region: _____	Classification: _____
Name: _____	Region: _____	Classification: _____
Name: _____	Region: _____	Classification: _____
Name: _____	Region: _____	Classification: _____
Team Manager's Signature: _____		Date: _____

Queensland School Sport – 10-12 years Track and Field Championships		
MULTI CLASS EVENT RELAY	BOYS / GIRLS	
REGION: _____		
Name: _____	Region: _____	Classification: _____
Name: _____	Region: _____	Classification: _____
Name: _____	Region: _____	Classification: _____
Name: _____	Region: _____	Classification: _____
Team Manager's Signature: _____		Date: _____

Appendix 5. Substitution and Withdrawal Form

Queensland School Sport – 10-12 years Track and Field Championships		
TRACK EVENTS - WITHDRAWAL/ SUBSTITUTION FORM		
Track Event Name: _____		
Event Number: _____	Heat: _____	Lane: _____
Competitor's Name: _____ (as per program)		Region: _____
Team Manager's Signature: _____		Date: _____
NOTE: If substitution is to be made for this withdrawal, please complete section below.		
Substitute Competitors Name: _____ (as per program)		Age: _____
Team Manager's Signature: _____		
OFFICIAL USE		
<input type="checkbox"/>	Data Entered: _____	Date: _____

Queensland School Sport —10-12 years Track and Field Championships		
FIELD EVENTS - WITHDRAWAL/ SUBSTITUTION FORM		
Field Event Name: _____		Event Number: _____
Competitor's Name: _____ (as per program)		Region: _____
Team Manager's Signature: _____		Date: _____
NOTE: If substitution is to be made for this withdrawal, please complete section below.		
Substitute Competitors Name: _____ (as per program)		Age: _____
Team Manager's Signature: _____		
OFFICIAL USE		
<input type="checkbox"/>	Data Entered: _____	Date: _____

Appendix 6. Multi Class Qualifying Standards (to be updated July 2019)

Boys Qualifying – Track Events

100 M					200M				800M			
MDS	10 YEARS	11 YEARS	12 YEARS		MDS	10 YEARS	11 YEARS	12 YEARS	MDS	10 YEARS	11 YEARS	12 YEARS
CLASS					BOYS TRACK							
Hearing Impaired												
T01	00:11.99	00:29.98	00:26.62	00:23.98	00:24.23	01:00.58	00:53.79	00:48.46	02:09.37	05:23.42	04:47.20	04:18.74
Visually Impaired												
T11	00:14.37	00:35.93	00:31.90	00:28.74	00:29.48	01:13.70	01:05.45	00:58.96	02:46.10	06:55.25	06:08.74	05:32.20
T12	00:12.76	00:31.90	00:28.33	00:25.52	00:26.35	01:05.88	00:58.50	00:52.70	02:11.22	05:28.05	04:51.31	04:22.44
T13	00:11.79	00:29.47	00:26.17	00:23.58	00:24.02	01:00.05	00:53.32	00:48.04	02:13.08	05:32.70	04:55.44	04:26.16
Intellectually Impaired												
T20	00:11.92	00:29.80	00:26.46	00:23.84	00:23.97	00:59.93	00:53.21	00:47.94	02:06.39	05:15.98	04:40.59	04:12.78
Cerebral Palsy												
T31	00:26.39	01:05.98	00:58.59	00:52.78	00:55.49	02:18.73	02:03.19	01:50.98				
T32	00:27.35	01:08.38	01:00.72	00:54.70	00:55.07	02:17.68	02:02.26	01:50.14	04:04.80	10:12.00	09:03.46	08:09.60
T33	00:24.93	01:02.32	00:55.34	00:49.86	00:34.66	01:26.65	01:16.95	01:09.32	02:25.52	06:03.80	05:23.05	04:51.04
T34	00:16.38	00:40.95	00:36.36	00:32.76	00:29.16	01:12.90	01:04.74	00:58.32	01:47.28	04:28.20	03:58.16	03:34.56
T35	00:16.50	00:41.25	00:36.63	00:33.00	00:33.70	01:24.25	01:14.81	01:07.40	03:15.83	08:09.57	07:14.74	06:31.66
T36	00:14.36	00:35.90	00:31.88	00:28.72	00:28.32	01:10.80	01:02.87	00:56.64	02:41.42	06:43.55	05:58.35	05:22.84
T37	00:12.93	00:32.32	00:28.70	00:25.86	00:26.52	01:06.30	00:58.87	00:53.04	02:14.41	05:36.03	04:58.39	04:28.82
T38	00:11.89	00:29.73	00:26.40	00:23.78	00:24.00	01:00.00	00:53.28	00:48.00	02:12.31	05:30.77	04:53.73	04:24.62
Amputee & Les Autres												
T40	00:20.61	00:51.53	00:45.75	00:41.22	00:44.06	01:50.15	01:37.81	01:28.12	05:00.99	12:32.48	11:08.20	10:01.98
T41	00:17.63	00:44.08	00:39.14	00:35.26	00:36.75	01:31.88	01:21.59	01:13.50	05:00.99	12:32.48	11:08.20	10:01.98
T42	00:17.55	00:43.88	00:38.96	00:35.10	00:41.44	01:43.60	01:32.00	01:22.88	05:28.35	13:40.88	12:08.94	10:56.70
T43	00:14.36	00:35.90	00:31.88	00:28.72	00:29.81	01:14.52	01:06.18	00:59.62	02:45.14	06:52.85	06:06.61	05:30.28
T44	00:13.00	00:32.50	00:28.86	00:26.00	00:26.73	01:06.83	00:59.34	00:53.46	02:45.14	06:52.85	06:06.61	05:30.28
T45	00:12.84	00:32.10	00:28.50	00:25.68	00:26.09	01:05.22	00:57.92	00:52.18	02:06.34	05:15.85	04:40.47	04:12.68
T46	00:11.66	00:29.15	00:25.89	00:23.32	00:23.54	00:58.85	00:52.26	00:47.08	02:06.34	05:15.85	04:40.47	04:12.68
T47	00:11.66	00:29.15	00:25.89	00:23.32	00:23.54	00:58.85	00:52.26	00:47.08	No event			
Wheelchair												
T51	00:26.04	01:05.10	00:57.81	00:52.08	00:48.55	02:01.38	01:47.78	01:37.10	03:14.83	08:07.08	07:12.52	06:29.66
T52	00:21.04	00:52.60	00:46.71	00:42.08	00:39.50	01:38.75	01:27.69	01:19.00	02:39.86	06:39.65	05:54.89	05:19.72
T53	00:16.10	00:40.25	00:35.74	00:32.20	00:28.20	01:10.50	01:02.60	00:56.40	01:49.99	04:34.98	04:04.18	03:39.98
T54	00:15.35	00:38.37	00:34.08	00:30.70	00:27.11	01:07.77	01:00.18	00:54.22	01:42.95	04:17.37	03:48.55	03:25.90
Transplant												
T60	00:14.42	00:36.05	00:32.01	00:28.84	00:25.41	01:03.53	00:56.41	00:50.82	02:21.04	05:52.60	05:13.11	04:42.08

Boys Qualifying – Field Events

Long Jump					Shot Put					Discus			
MDS	10 YEARS	11 YEARS	12 YEARS		MDS	10 YEARS	11 YEARS	12 YEARS	MDS	10 YEARS	11 YEARS	12 YEARS	
CLASS					CLASS BOYS FIELD								
Hearing Impaired					Hearing Impaired								
T01	6.61	2.31	2.64	2.97	F01	12.74	4.46	5.10	5.73	39.80	13.93	15.92	17.91
Visually Impaired					Visually Impaired								
T11	4.31	1.51	1.72	1.94	F11	9.31	3.26	3.72	4.19	26.98	9.44	10.79	12.14
T12	5.70	2.00	2.28	2.57	F12	12.95	4.53	5.18	5.83	41.94	14.68	16.78	18.87
T13	6.30	2.21	2.52	2.84	F13	12.76	4.47	5.10	5.74	42.67	14.93	17.07	19.20
Intellectually Impaired					Intellectually Impaired								
T20	6.57	2.30	2.63	2.96	F20	14.81	5.18	5.92	6.66	40.34	14.12	16.14	18.15
Cerebral Palsy					Cerebral Palsy								
T31	No event				F31	No event				No event			
T32	No event				F32	5.38	1.88	2.15	2.42	15.00	5.25	6.00	6.75
T33	No event				F33	9.31	3.26	3.72	4.19	23.65	8.28	9.46	10.64
T34	No event				F34	9.83	3.44	3.93	4.42	26.62	9.32	10.65	11.98
T35	3.90	1.37	1.56	1.76	F35	10.30	3.61	4.12	4.64	31.82	11.14	12.73	14.32
T36	4.94	1.73	1.98	2.22	F36	10.85	3.80	4.34	4.88	27.58	9.65	11.03	12.41
T37	5.47	1.91	2.19	2.46	F37	12.71	4.45	5.08	5.72	43.67	15.28	17.47	19.65
T38	5.93	2.08	2.37	2.67	F38	13.05	4.57	5.22	5.87	39.37	13.78	15.75	17.72
Amputee & Les Autres					Amputee & Les Autres								
T40	2.84	0.99	1.14	1.28	F40	7.85	2.75	3.14	3.53	16.50	5.78	6.60	7.43
T41	2.84	0.99	1.14	1.28	F41	8.98	3.14	3.59	4.04	23.20	8.12	9.28	10.44
T42	4.13	1.45	1.65	1.86	F42	10.21	3.57	4.08	4.59	32.59	11.41	13.04	14.67
T43	3.85	1.35	1.54	1.73	F43	8.98	3.14	3.59	4.04	36.21	12.67	14.48	16.29
T44	6.10	2.14	2.44	2.75	F44	12.63	4.42	5.05	5.68	43.15	15.10	17.26	19.42
T45	4.89	1.71	1.96	2.20	F45	9.81	3.43	3.92	4.41	24.18	8.46	9.67	10.88
T46	6.05	2.12	2.42	2.72	F46	12.74	4.46	5.10	5.73	39.88	13.96	15.95	17.95
T47	6.05	2.12	2.42	2.72	F47	No event, compete as 46				No event, compete as 46			
Wheelchair					Wheelchair								
T51	No event				F51	No event				11.84	4.14	4.74	5.33
T52	No event				F52	6.91	2.42	2.76	3.11	14.27	4.99	5.71	6.42
T53	No event				F53	5.06	1.77	2.02	2.28	15.27	5.34	6.11	6.87
T54	No event				F54	7.46	2.61	2.98	3.36	22.66	7.93	9.06	10.20
					F55	8.39	2.94	3.36	3.78	25.27	8.84	10.11	11.37
					F56	10.07	3.52	4.03	4.53	33.32	11.66	13.33	14.99
					F57	12.39	4.34	4.96	5.58	37.34	13.07	14.94	16.80
Transplantee					Transplantee								
T60	4.27	1.49	1.71	1.92	F60	10.93	3.83	4.37	4.92	30.81	10.78	12.32	13.86

Girls Qualifying – Track Events

100 M					200M				800M			
MDS	10 YEARS	11 YEARS	12 YEARS		MDS	10 YEARS	11 YEARS	12 YEARS	MDS	10 YEARS	11 YEARS	12 YEARS
CLASS					GIRLS TRACK							
Hearing Impaired												
T01	00:13.56	00:33.90	00:30.10	00:27.12	00:27.92	01:09.80	01:01.98	00:55.84	02:30.58	06:16.45	05:34.29	05:01.16
Visually Impaired												
T11	00:16.52	00:41.30	00:36.67	00:33.04	00:36.16	01:30.40	01:20.28	01:12.32	03:32.03	08:50.08	07:50.71	07:04.06
T12	00:14.24	00:35.60	00:31.61	00:28.48	00:29.24	01:13.10	01:04.91	00:58.48	02:52.20	07:10.50	06:22.28	05:44.40
T13	00:13.36	00:33.40	00:29.66	00:26.72	00:27.84	01:09.60	01:01.80	00:55.68	02:43.32	06:48.30	06:02.57	05:26.64
Intellectually Impaired												
T20	00:13.47	00:33.68	00:29.90	00:26.94	00:28.10	01:10.25	01:02.38	00:56.20	02:29.13	06:12.83	05:31.07	04:58.26
Cerebral Palsy												
T31	00:35.34	01:28.35	01:18.45	01:10.68	01:10.13	02:55.33	02:35.69	02:20.26				
T32	00:33.38	01:23.45	01:14.10	01:06.76	01:09.74	02:54.35	02:34.82	02:19.48	04:37.71	11:34.28	10:16.52	09:15.42
T33	00:24.50	01:01.25	00:54.39	00:49.00	00:45.18	01:52.95	01:40.30	01:30.36	03:09.08	07:52.70	06:59.76	06:18.16
T34	00:20.18	00:50.45	00:44.80	00:40.36	00:36.50	01:31.25	01:21.03	01:13.00	02:21.90	05:54.75	05:15.02	04:43.80
T35	00:15.99	00:39.97	00:35.50	00:31.98	00:33.31	01:23.27	01:13.95	01:06.62	04:19.14	10:47.85	09:35.29	08:38.28
T36	00:16.62	00:41.55	00:36.90	00:33.24	00:34.63	01:26.58	01:16.88	01:09.26	03:26.23	08:35.58	07:37.83	06:52.46
T37	00:14.87	00:37.18	00:33.01	00:29.74	00:30.39	01:15.98	01:07.47	01:00.78	02:59.64	07:29.10	06:38.80	05:59.28
T38	00:13.90	00:34.75	00:30.86	00:27.80	00:29.41	01:13.53	01:05.29	00:58.82	02:58.37	07:25.93	06:35.98	05:56.74
Amputee & Les Autres												
T40	00:20.68	00:51.70	00:45.91	00:41.36	00:51.11	02:07.77	01:53.46	01:42.22	05:36.84	14:02.10	12:27.78	11:13.68
T41	00:20.51	00:51.28	00:45.53	00:41.02	00:47.11	01:57.77	01:44.58	01:34.22	05:36.84	14:02.10	12:27.78	11:13.68
T42	00:20.33	00:50.83	00:45.13	00:40.66	00:42.38	01:45.95	01:34.08	01:24.76	04:12.49	10:31.23	09:20.53	08:24.98
T43	00:16.60	00:41.50	00:36.85	00:33.20	00:35.75	01:29.38	01:19.37	01:11.50	03:38.73	09:06.83	08:05.58	07:17.46
T44	00:15.62	00:39.05	00:34.68	00:31.24	00:33.36	01:23.40	01:14.06	01:06.72	03:38.73	09:06.83	08:05.58	07:17.46
T45	00:14.89	00:37.23	00:33.06	00:29.78	00:29.18	01:12.95	01:04.78	00:58.36	02:41.72	06:44.30	05:59.02	05:23.44
T46	00:13.38	00:33.45	00:29.70	00:26.76	00:27.23	01:08.08	01:00.45	00:54.46	02:41.72	06:44.30	05:59.02	05:23.44
T47	00:13.38	00:33.45	00:29.70	00:26.76	00:27.23	01:08.08	01:00.45	00:54.46	No event			
Wheelchair												
T51	00:33.44	01:23.60	01:14.24	01:06.88	01:01.45	02:33.62	02:16.42	02:02.90	04:21.84	10:54.60	09:41.28	08:43.68
T52	00:22.67	00:56.68	00:50.33	00:45.34	01:01.02	02:32.55	02:15.46	02:02.04	02:32.10	06:20.25	05:37.66	05:04.20
T53	00:17.97	00:44.93	00:39.89	00:35.94	00:32.31	01:20.78	01:11.73	01:04.62	02:00.85	05:02.12	04:28.29	04:01.70
T54	00:17.25	00:43.13	00:38.29	00:34.50	00:30.71	01:16.78	01:08.18	01:01.42	01:57.03	04:52.57	04:19.81	03:54.06
Transplant												
T60	00:14.45	00:36.12	00:32.08	00:28.90	00:31.48	01:18.70	01:09.89	01:02.96	02:57.69	07:24.23	06:34.47	05:55.38

Girls Qualifying – Field Events

Long Jump					Shot Put					Discus			
MDS	10 YEARS	11 YEARS	12 YEARS		MDS	10 YEARS	11 YEARS	12 YEARS	MDS	10 YEARS	11 YEARS	12 YEARS	
CLASS					CLASS GIRLS FIELD								
Hearing Impaired					Hearing Impaired								
T01	4.96	1.74	1.98	2.23	F01	11.49	4.02	4.60	5.17	37.49	13.12	15.00	16.87
Visually Impaired					Visually Impaired								
T11	3.51	1.23	1.40	1.58	F11	9.53	3.34	3.81	4.29	25.70	9.00	10.28	11.57
T12	4.66	1.63	1.86	2.10	F12	10.70	3.75	4.28	4.82	33.31	11.66	13.32	14.99
T13	4.91	1.72	1.96	2.21	F13	9.95	3.48	3.98	4.48	33.64	11.77	13.46	15.14
Intellectually Impaired					Intellectually Impaired								
T20	5.03	1.76	2.01	2.26	F20	11.61	4.06	4.64	5.22	30.71	10.75	12.28	13.82
Cerebral Palsy					Cerebral Palsy								
T31	No event				F31	No event				No event			
T32	No event				F32	4.88	1.71	1.95	2.20	9.50	3.33	3.80	4.28
T33	No event				F33	5.26	1.84	2.10	2.37	7.86	2.75	3.14	3.54
T34	No event				F34	6.10	2.14	2.44	2.75	14.04	4.91	5.62	6.32
T35	2.06	0.72	0.82	0.93	F35	7.31	2.56	2.92	3.29	19.25	6.74	7.70	8.66
T36	3.06	1.07	1.22	1.38	F36	7.70	2.70	3.08	3.47	19.14	6.70	7.66	8.61
T37	4.21	1.47	1.68	1.89	F37	10.84	3.79	4.34	4.88	29.23	10.23	11.69	13.15
T38	4.52	1.58	1.81	2.03	F38	10.02	3.51	4.01	4.51	27.74	9.71	11.10	12.48
Amputee & Les Autres					Amputee & Les Autres								
T40	2.18	0.76	0.87	0.98	F40	7.06	2.47	2.82	3.18	20.03	7.01	8.01	9.01
T41	2.18	0.76	0.87	0.98	F41	7.85	2.75	3.14	3.53	27.01	9.45	10.80	12.15
T42	3.01	1.05	1.20	1.35	F42	6.32	2.21	2.53	2.84	18.99	6.65	7.60	8.55
T43	2.86	1.00	1.14	1.29	F43	8.36	2.93	3.34	3.76	29.00	10.15	11.60	13.05
T44	4.65	1.63	1.86	2.09	F44	8.79	3.08	3.52	3.96	32.37	11.33	12.95	14.57
T45	3.85	1.35	1.54	1.73	F45	9.14	3.20	3.66	4.11	18.99	6.65	7.60	8.55
T46	5.31	1.86	2.12	2.39	F46	9.79	3.43	3.92	4.41	29.83	10.44	11.93	13.42
T47	5.31	1.86	2.12	2.39	F47	No event, compete as 46				No event, compete as 46			
Wheelchair					Wheelchair								
T51	No event				F51	No event				9.36	3.28	3.74	4.21
T52	No event				F52	4.67	1.63	1.87	2.10	9.86	3.45	3.94	4.44
T53	No event				F53	3.45	1.21	1.38	1.55	8.96	3.14	3.58	4.03
T54	No event				F54	5.17	1.81	2.07	2.33	13.43	4.70	5.37	6.04
					F55	6.08	2.13	2.43	2.74	17.94	6.28	7.18	8.07
					F56	6.83	2.39	2.73	3.07	17.91	6.27	7.16	8.06
					F57	7.08	2.48	2.83	3.19	17.13	6.00	6.85	7.71
Transplantee					Transplantee								
T60	3.63	1.27	1.45	1.63	F60	9.60	3.36	3.84	4.32	31.64	11.07	12.66	14.24